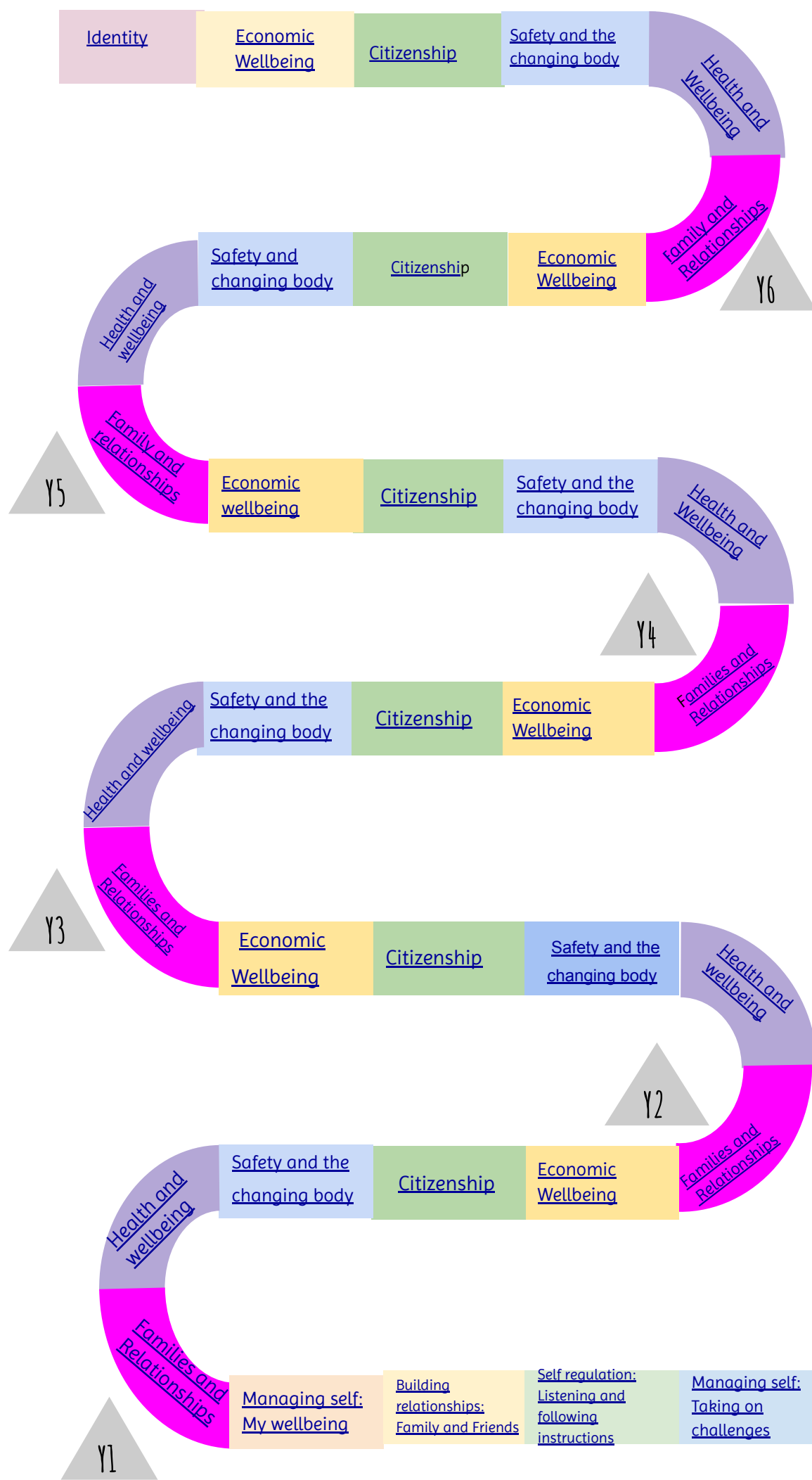




Curledge Street Academy PSHE/ RSE Curriculum Roadmap

We have categorised our lessons into the five key areas below, which we return to in each year group.

Each time a key area is revisited, it is covered with greater depth and increasing maturity.



Family and Relationships
Learning how to: form respectful relationships with others, deal with conflict and bullying and the importance of challenging stereotypes. (Contains the RSE curriculum)

Health and wellbeing
Learning strategies for looking after their mental and physical health, including: healthy eating, relaxation techniques, sun safety, immunisation facts and the benefits of sleep. (Contains the RSE curriculum)

Safety and the changing body
Learning: how to administer first aid in a variety of situations and about safety around medicines, online and road safety and the changes which occur during puberty. (Contains the RSE curriculum)

Citizenship
Learning about: human rights and the rights of the child, democracy, diversity and community and protecting the environment.

Economic wellbeing
Learning how to make decisions when it comes to spending, budgeting and saving money and exploring different career choices.

Identity (Yr 6)
Considering what makes us who we are whilst learning about body image. (Contains the RSE curriculum)

The above roadmap ensure that there is coverage of our five key areas of RSE & PSHE, with a slightly greater emphasis on the areas: Family and relationships, Health and wellbeing and Safety and the changing body, as these are the areas where statutory guidance is covered.



PSHE - Long term plan

Statutory Guidance Document

This document shows which lessons give coverage of the statutory Relationships Education, Relationships and Sex Education (RSE) and Health Education published by the Department for Education